# Women development programmes

- ICDS
- MSY
- RMK

# Integrated Child Development Services (ICDS) - 2<sup>nd</sup> October 1975

- Launched on in 33 Community Development Blocks
- Today represents one of the world's largest programmes for early childhood development

# Objectives

- Foundation for proper psychological development of the child
- Improve nutritional & health status of children 0-6 years
- Reduce incidence of mortality, morbidity, malnutrition and school dropouts
- To Enhance the capability of the mother and family to look after the health, nutritional and development needs of the child

### Services

The services are provided at a centre called the 'Anganwadi'.

- 1) Supplementary nutrition
- 2) Non-formal pre-school education
- 3) Immunization
- 4) Health Check-up
- 5) Referral services
- 6) Nutrition and Health Education

## Rashtriya Mahila Kosh

• The Rashtriya Mahila Kosh or the (National Credit Fund for Women) is a registered society under the Department of Women and Child Development

#### **Function of the Kosh**

- To enable women to achieve economic independence.
- Education of credit management for individual women, leadership training among groups for self management.
- Promote and support grassroot level societies and organisations and other participatory structures for providing for women effective access to decision making.
- Develop effective channels of communication between women and the banking systems.
- Motivate voluntary organisations to coordinate with other credit and development agencies/connected with the well being of women.

### MAHILA SAMRIDHI YOJANA 2 Oct, 1993

• The rural women of 18 years or above age are encouraged to open their saving account in the rural post-office of their own area with a minimum of Rs.4.

•This scheme is running through 1.32 lakh rural post-offices.

# Objectives

- To sensitize women about their role in economic activities and cultivate the habit of saving
- Capacity building
- Encouraging them to form SHGs and provide them micro- credit support

### Modus operandi

- A group of 20 women of minority communities are given training in any craft or production activities.
- The group is formed into a Self Help Group during the training itself.
- After training, the group is provided credit.

### Conclusion

- Participation women in development is equally important
- Financial inclusion empowers women
- Basic education to women leads to healthy environment in family as well as in community