







# CYSTIC OVARIAN DEGENERATION LESSON-2

**Presented by** 

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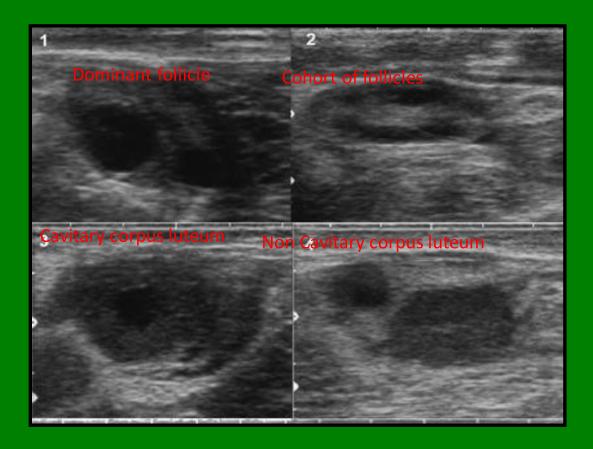
### Objectives- Lesson II

- ► Ultrasonographic images of normal ovarian structures
- **→** Classification of cystic ovaries
- ➤ Mechanism of cyst formation
- **▶** Signs and symptoms



## Ultrasonographic images of normal ovarian structures







### Classification of cystic ovaries



#### **Follicular Cyst**

- One or more than one thin walled anovulatory follicles and greater than 2.5 cm in diameter with fluid filled cavity
- Persists for 10 or more days in the absence of a functional CL
- Accompanied by either nymphomania or frequent estrus



#### **Luteal Cyst**

- Thick walled, partially luteinized anovulatory follicles, more than 2.5 cm in diameter
- Persists for a prolonged period
- Characterized by anoestrus



#### **Cystic Corpora Lutea**

- Non-pathological CL containing greater than 7 mm fluid filled central cavity with distinct ovulation papilla.
- Produces sufficient concentration of progesterone (7-8ng/ml) to maintain pregnancy
- 100 mcg of P4 Supports pregnancy
- Often slightly fluctuating soft consistency



### Mechanism of cyst formation

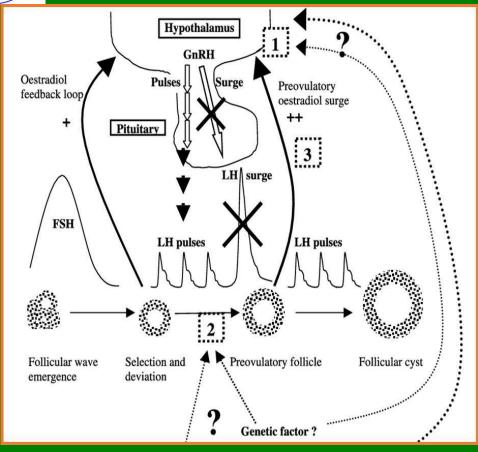


- Inspite of many research, the exact mechanism of COD is unclear
- Generally accepted mechanism is disruption of Hypothalamo- Pitutary-Gonadal axis
  - A. Intrinsic factors
  - B. Extrinsic factors



### Mechanism of cyst formation A. Intrinsic factors





Fails to elicit or mistimed/delayed GnRH/LH surge at the hypothalamic-pituitary level

Dominant follicle not ovulate

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Grow continuously/Aberrant follicle growth



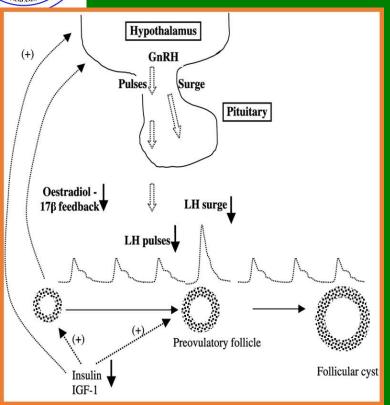
Alterations in receptor expression and steroidogenesis





#### **B.** Extrinsic factors





- Low insulin/IGF-1 concentrations  $\rightarrow$ Low follicle cell proliferation Low  $\sigma$ estradiol-17 $\beta$  production
- Reduced oestradiol-17β feedback → Reduced gonadotropin release
- Retarded dominant follicle growth and pattern with oestradiol-17β production → Disrupt the hypothalamopituitary-gonadal axis Development of cystic follicle



### Signs and symptoms Follicular cyst



#### Nymphomania:

- Frequent, irregular, prolonged or continuous signs of estrus
- Often nervous, restless and bellow frequently
- Frequently attempt to ride other cows but refuse to stand to be riden
- Aggravated homosexual characteristics (Bullers)
- Uterus and cervix large, dematous and flaccid
- Cervical canal- dilated and relaxed, permitting a finger or pencil to pass through.
- Endometrium smooth , moist, semitransparent and edematous
- Vagina, clitoris and vulva swollen





## Signs and symptoms Follicular cyst...



#### Sterility hump:

- Excess relaxation of the pelvic ligament leads to tipping of pelvis and elevation of tail head.
- In long standing cases of Nymphomania, tipping of pelvis is very common
- Ligaments fail to regain their tone even after recovery and conception
- Tipping of the pelvis may result in an unsteady gait and predispose to injuries





## Signs and symptoms Follicular cyst...



#### Adrenal virilism:

- Commonly observed in chronic follicular cyst cases
- Exhibit a muscular behaviour and appearance
- Increased level of  $17\beta$  Keto Steroids in urine from the adrenal gland
- Masculinization of head and neck (Steer-like appearance)





## Signs and symptoms Follicular cyst...



#### Mucometra/Hydrometra:

- Often noticed in long standing cases
- Hyperplasia of the mucosa
- Cystic dilatation of the endometrial glands
- Marked cystic dilatation develops a typical Swiss cheese appearance
- Uterus accumulated with 100-1000 cc of watery mucus
- Affects single horn/ portion of the horn
- If infection occurs, may lead to pyometra



#### So far we discussed....

- **→** Ultrasonographic images of normal ovarian structures
- **→** Classification of cystic ovaries
- **►** Mechanism of cyst formation
  - A. Extrinsic factors
  - **B.** Intrinsic factors
- **►** Signs and symptoms
- Nymphomania
- Sterility hump
- Adrenal Virilism
- ❖ Mucometra / Hydrometra

Thank You









### Thank you

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